## This letter is designed to be handed directly to your doctor.

I have previously attended / am a new patient at this clinic and wanted to let you know that I am wanting to **start** gender affirming hormones.

My gender is \_\_\_\_\_\_\_\_\_\_\_.

The name listed with Medicare is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I would prefer not to write it down.

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I use the name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. My pronouns are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

I would appreciate you including a note on my patient file about my correct name and pronouns. I request that I am not known by the name listed on my Medicare card. Please treat this information as private and confidential.

I wish to start gender affirming masculinising / feminising hormones and would like to do so under your care. In NSW, GPs can initiate and prescribe hormones for trans and gender diverse patients, and there are guidelines for the provision of care available here: transhub.org.au/clinicians/hormones

**When talking about my body:**I prefer medical language / the terms \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for my genitals; and
medical language / the terms \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for my chest.

I do / do not menstruate, and would prefer you to use the terms\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for that.

Thank you,

(Your name) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_